

LAKERIDGE FALLS COMMUNITY

Weekly Reminders

March 18th – 22nd

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Water Aerobics-Pool	9:30 Water Aerobics-Pool	8:30 Water Aerobics-Pool	9:00 Senior Yoga (\$2)-GS	8:30 Water Aerobics-Pool
9:00 Bocce-Court	10:00 Self-directed Exercise -MPR	9:00 Bocce-Court	12:30 Mahjong-AR	9:00 Bocce-Court
10:00 Stretch Balance Strength (\$2)- GS	10:00 Men's Coffee - GS	9:00 Ladies Chat-AR	1:00 Intermediate Tai Chi (\$5)- MPR	10:00 Sociable Stitchers-AR
10:00 Water Aerobics-Pool	11:00 Security Committee-AR	10:00 Water Aerobics-Pool	2:00 Water Volleyball-Pool	10:30 Water Aerobics- Instructor (\$5)-Pool
1:00 500 Bid-AR	1:00 Bridge-AR	10:00 Women's Bible Study	3:00 Table Tennis- MPR	
1:00 Hand & Foot- GS	1:00 Mexican Train- GS	10:30 Stretch Balance Yoga (\$5)-GS	5:30 TGIF-BBQ Night	
1:30 Art League- MPR	2:00 Water Volleyball-Pool	11:30 Gentle Yoga (\$10)-GS	6:00 Poker-AR	
3:00 Table Tennis- MPR	2:00 History Book Club	1:00 Mahjong-AR	6:30 Hearts-GS	
	2:30 Intro to Tai Chi (\$5)-MPR	6:30 Texas Hold'em -GS		
	6:30 Euchre-AR			

GS=Grand Salon, AR=Activities Room, MPR=Multi-Purpose Room

LakeRidge Falls Storytelling Night 2024

Murder... Mystery... Intrigue... Good
Deeds... Chance Encounters...

Come one, come all!

Wednesday, March 27th
6:30 PM - Grand Salon

So that we can prepare adequate
seating, please sign the sign-up
sheet on the bulletin board. Light
refreshments will be served at
intermission. See you there!