Red = Grand Salon

Green = Activities Room

Blue = Multi Purpose Room

WA - Water Aerobics WVB - Water Volleyball

LAKERIDGE FALLS COMMUNITY

Weekly Reminders

January 22nd - January 26th

SBY - Stretch Balance Yoga

SDE - Self-Directed Exercise

SBS - Stretch Balance Strength

Monday

8:30 WA 9:00 Bocce 10:00 SBS (\$2) 10:00 WA 1:00 500 Bid

3:00 Table Tennis

Tuesday

9:30 WA 9:30 Women's Breakfast 10:00 SDE 10:00 Men's Coffee 1:00 Bridge 2:00 WVB 6:30 Euchre 7:00 Wine & Flction

Wednesday

8:30 WA 9:00 Bocce 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5)

11:30 Gentle Yoga (\$10)

1:00 Mahjong

6:30 Texas Hold'em

1:00 Mexican Train

Thursday

9:00 Senior Yoga (\$2)

12:30 Mahjong

1:00 Intermediate Tai Chi (\$5)

2:00 WVB

3:00 Table Tennis

6:00 Poker

6:30 Hearts

Friday

8:30 WA 9:00 Bocce 10:00 Sociable Stitchers 10:30 WA-Instructor

\$5 5:30 International

Potluck



Save the dates!

Sunday, February 25th at 2:00pm

Actors Theater Ensemble presents "An Afternoon of Neil Simon" LRF Clubhouse Tickets \$5.00

Friday, March 8th at 6:00pm

Karaoke DJ & Dancing LRF Clubhouse Tickets \$10.00

Saturday, March 16th at 1:05pm

Baltimore Orioles vs Boston Red Sox Ed Smith Stadium

Tickets \$36.00

On sale week of January 22nd

Thursday, March 21st

BBQ Night LRF Clubhouse Catered by St. Pizza Catering Details to follow.

LRF POTLUCK

International Food Festival

Bring Your Favorite Foods from Around the World!

January 26, 2024

5:30PM - 7:30PM BYO Drinks

Sign-up on the bulletin board



Mariscoc Azteca

1100 North Tuttle Avenue February 2nd at 11:30am (CASH PREFERRED) Signup in the Clubhouse



Millie's

3900 Clark Rd. Sarasota

January 30th at 9:30am

Signup in the Clubhouse

Introduction to Tai Chi

TUESDAYS: 2:30 - 3:30PM FEBRUARY 27 - APRIL 2, 2024 MULTIPURPOSE ROOM Signup in Clubhouse



New Bible Study begins February 14th He's Where the Joy Is by Tara Leigh Cobble.

Wednesdays 10:00am 4215 Cascade Falls

Please call/text: Peggy Ostman 630-272-7029





Story Telling Night

February 15th at 6:30pm

Looking for volunteers to tell a short story to residents.

Signup in Clubhouse

A Reminder from Your Board of Directors

The 2024 Annual Meeting of the Membership and Election to the Board of Directors will be held in the Grand Salon on February 1st at 7:00pm. If you are unable to attend, please vote by proxy. You can vote for a maximum of 4 candidates. Please join us in the Grand Salon on January 30th beginning at 6:00pm to meet the candidates.

