Red = Grand Salon

Green = Activities Room Blue = Multi Purpose Room

WA - Water Aerobics WVB - Water Volleyball

LAKERIDGE FALLS COMMUNITY

Weekly Reminders

January 15th - January 20th

SBY - Stretch Balance Yoga

SDE - Self-Directed Exercise

SBS - Stretch Balance Strength

Monday

8:30 WA 9:00 Bocce 10:00 WA 1:00 500 Bid 3:00 Table Tennis

Tuesday

9:30 WA 10:00 SDE 10:00 Men's Coffee

1:00 SBS (\$2)

1:00 Bridge

1:00 Mexican Train 2:00 WVB

6:30 Euchre

Wednesday

8:30 WA 9:00 Bocce

9:00 Ladies Chat 10:00 WA 10:00 Women's Bible

Study

10:30 SBY (\$5)

11:30 Gentle Yoga (\$10)

1:00 Mahjong

6:30 Texas Hold'em

Thursday

10:00 Senior Yoga (\$2)

12:30 Mahjong 1:00 Intermediate Tai Chi (\$5)

2:00 WVB

3:00 Table Tennis 6:00 Poker

6:30 Hearts

Friday

8:30 WA 9:00 Bocce 10:00 Sociable

Stitchers 10:30 WA-

Instructor \$5 10:30 CRC

6:30 Texas Hold'em

INFO SATURDAY 9:00am



Save the dates!

Sunday, February 25th at 2:00pm

Actors Theater Ensemble presents "An Afternoon of Neil Simon" LRF Clubhouse Tickets \$5.00

Friday, March 8th at 6:00pm

Karaoke DJ & Dancing LRF Clubhouse Tickets \$10.00

Saturday, March 16th at 1:05pm

Baltimore Orioles vs Boston Red Sox Ed Smith Stadium

Tickets \$36.00

On sale week of January 22nd

Thursday, March 21st

BBQ Night LRF Clubhouse Catered by St. Pizza Catering Details to follow.

Friday, May 3rd at 8:00pm

SRQ Pops Concert & Fireworks Ed Smith Stadium

Ticket price TBD

On sale week of January 22nd

LRF POTLUCK

International Food Festival

Bring Your Favorite Foods from Around the World'

January 26, 2024

5:30PM • 7:30PM BYO Drinks

Sign-up on the bulletin board



Mariscoc Azteca

1100 North Tuttle Avenue February 2nd at 11:30am (CASH PREFERRED) Signup in the Clubhouse



Millie's

3900 Clark Rd. Sarasota

January 30th at 9:30am

Signup in the Clubhouse

HAND & FOOT

Mondays beginning 1/22 1:00pm to3:00pm in the Grand Salon Signup in Clubhouse



Story Telling Night

February 15th at 6:30pm

Looking for volunteers to tell a short story to residents.

Signup in Clubhouse

SATURDAY INFO GROUP

Saturday, January 20th

Friendship Force

Learning about other states and countries through cultural exchanges

Did you know that 7 of our neighbors at LRF are members of Friendship Force? This international non-profit, non-political group has over 300 Clubs worldwide that engage in week-long cultural exchanges called journeys to other countries and states that involve home hosting, sharing meals and visiting local landmarks. Come learn about the Sarasota Club, its travels, as well as, the fun things members do throughout the year that don't involve traveling, that are fun and a great way to make new friends such as hosting visiting clubs, monthly meetings with informative speakers, and small group activities like wine groups, book club, "let's eat out" group, kayak group and movie group.

Coffee & danish at 9:00am * Presentation at 9:30am

Signup in Clubhouse