

Red = Grand Salon
Green = Activities Room
Blue = Multi Purpose Room
WA - Water Aerobics
WVB - Water Volleyball

LAKERIDGE FALLS COMMUNITY

Weekly Reminders

December 4th - December 8th

SBY - Stretch Balance Yoga
SDE - Self-Directed Exercise
SBS - Stretch Balance Strength

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:30 WA 8:30 Bocce 10:00 SBS (\$2) 10:00 WA 10:00 Social Committee 1:00 500 Bid 3:00 Table Tennis	9:30 WA 10:00 SDE 10:00 Men's Coffee 10:00 Landscape Committee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	8:30 WA 8:30 Bocce 9:00 Ladies Chat 10:00 Wine & Fiction 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5) 11:30 Gentle Yoga (\$10) 1:00 Mahjong 6:30 Texas Hold'em	10:00 Senior Yoga 11:00 CRC 12:30 Mahjong 1:30 Intermediate Tai Chi (\$5) 2:00 WVB 3:00 Table Tennis 6:00 Poker	8:30 WA 8:30 Bocce 10:00 Sociable Stitches 10:00 WA—Instructor \$5 2:00 Board Meeting



Mademoiselle Paris
8527 Cooper Creek Blvd
December 26th
11:30am
Signup in the Clubhouse



SATURDAY INFO GROUP

Saturday, December 16th
John Hornberger
Edward Jones
John will be discussing charitable giving strategies to maximize your tax benefit. Check out the flyer on the Bulletin Board for more details.
 Coffee & danish at 9:00am
 Presentation at 9:30am
Signup Sheet in Clubhouse



The CRC thanks you for your continued support of this program!
Please place donations in the yellow barrel in the Clubhouse lobby.

PAINTING CLASS
Let's paint a landscape together!

 Signup sheet with details on Clubhouse Bulletin Board
Frances Frongillo




Millies
3900 Clark Rd, Sarasota
January 5th
11:30am
Signup in the Clubhouse


BINGO
Monday, December 11th
 Grand Salon
 Cards go on sale at 6:30pm
 1 - \$2 3 - \$5 6 - \$10
 Lucky Ball sticker \$1
 Chips available for \$3/bag of 100
Signup in Clubhouse



WELCOME BACK MARY!
 => **Mondays at 10:00am starting 12/4**
 => Stretch-Balance-Strength (SBS) with Mary (\$2/class)
 => Strap and hand weights needed
 => **Wednesdays at 10:30am**
 => Stretch-Balance-Yoga (SBY) with Karen (\$5/class)
 => **Wednesdays at 11:30am**
 => Gentle Yoga with Karen (\$10/class)
 => **Thursdays at 10:00am starting 11/30**
 => Senior Yoga with Mary (\$2/class)
 => Strap and hand weights needed
 => Participants should be able to get up/down from the floor.



Story Telling Night
February 15th at 6:30pm
 Looking for volunteers to tell a short story to residents.
Signup in Clubhouse



The Community Relations Committee (CRC) would like to encourage you to participate in our traditional U.S. Marine Corps Reserve
Toys for Tots Campaign
 again this year. A large cardboard box is located at the entrance to the Clubhouse, where you can drop off an unwrapped toy or toys.
 The cut off date for donations is **December 13th.**
Thanks in advance for your generosity!