

Falls Forum

December 2023

A message from your Board...

Suzanne Weinstein, President

We began the most recent Board of Directors meeting by commemorating Veteran's Day. We had a chance to honor our veterans who were in attendance by having them stand and be recognized. Thank you all for your service.

The Board also approved the budget for 2024. This came after a very successful budget workshop attended by 25 people in person and 8 online, plus the members of the Board. A huge thank you to Mitch Matte, Dick Dorn and a wonderful group of volunteers.

At one of our previous meetings we invited representatives of Brightview so that residents could express their concerns about the landscaping. I am happy to report that they listened and things have improved. As I write this we are getting some much needed rain, so hopefully some of the brown spots in the lawn will turn green. Thank



you to whoever did a rain dance – it worked.

We have lots of activities going on in our community. Everything from a shared Thanksgiving dinner, to a holiday brunch, to a new art exhibit. So please be sure to check Paula's Weekly Reminders to participate in these events.

I would like to take this opportunity to welcome back our part-time residents. Don't forget the ducks are back as well and since they think they own the roads here, please drive carefully.

There are many holidays in December and I wish all of you a very happy holiday season filled with family, friends and of course lots of good food.

LRF ASSOCIATION BOARD OF DIRECTORS

President, Suzi Weinstein, President@lakeridgefalls.org Vice-President, Scott Sims, VicePresident@lakeridgefalls.org Treasurer, Stewart Sutin, Treasurer@lakeridgefalls.org Secretary, Rod Hayden, Secretary@lakeridgefalls.org Director, Diane Pezzimenti, Director@lakeridgefalls.org

Committees

Architectural Review Board (ARB)

Suzi Weinstein, Board Liaison Lynn Gregg & Mary Cochran, Chairpersons Meetings: 2nd Thursday of the month at 10:00am

Budget Committee

Stu Sutin, Board Liaison Mitch Matte & Dick Dorn, Co-Chairpersons Meetings: As needed

Buildings Committee

Scott Sims, Board Liaison Arnold Wallenstein, Chairperson Meetings: As needed

Community Relations Committee (CRC)

Diane Pezzimenti, Board Liaison
Barb Weigand, Chairperson
Meetings: 3rd Friday of the month at 10:30am, as needed

Landscape Committee

Diane Pezzimenti, Board Liaison
Betty Curry-Johnson, Chairperson
Meetings: 1st Tuesday of the month at 10:00am

Roads and Grounds Committee

Rod Hayden, Board Liaison David Danilowitz & Dick Dorn, Co-Chairpersons Meetings: As needed

Pool Committee

Suzanne Weinstein, Board Liaison Mark Lucas, Chairperson Meetings: Last Wednesday of the month at 11:00am

Security Committee

Scott Sims, Board Liaison
Bernie Pezzimenti, Chairperson
Meetings: 3rd Tuesday of the Month at 11:00am

Hurricane Preparedness Group

Scott Sims, Board Liaison TBD, Chairperson Meetings: as needed

Social Committee

Jane Kintz & Leigh Selby, Co-Chairpersons
Meetings: 1st Monday of the month at 10:00am

Art League

Becky Stevens, President Alice Dorn, Co-President Meetings: 2nd Monday of the month at 1:30pm

4200 Lakeridge Blvd. Sarasota, FL 34243

www.lakeridgefalls.org

Property Manager Report

by Oded Neeman

2024 Budget – During its November meeting, the Board of Directors approved the 2024 Budget as proposed by the Budget Committee. By the time you read this article, you should have already received in the mail a copy of the approved budget. Hard copies are also available in the office and electronic copies are available upon request. Please note that this year there will be an average, i.e., each neighborhood's increase is slightly different because some aspects are calculated based on the Lot size, of about \$21 a month. As in recent years, the main reason for the increase has to do with the continuous economic forces that are driving the costs of goods and services up. Considering the cumulative rate of inflation, i.e., 18% +, since 2020, we sure all would agree that LakeRidge Falls' Budget Committee is continuing to do an outstanding job in composing a reasonable budget.

With this in mind, we wish to take a moment and ask you to join us in thanking the members of the 2023 Budget Committee, Mrs. Nancy Blair, Mrs. Mary Cochran, Mrs. Alice Dorn, Mr. Dick Dorn, Mr. Bill Feeley, Mr. Martin Kasper, Ms. Lori Klein, Ms. Mitch Matte, Mr. John Sullivan, and Mr. Lanny Weintraub, as well as the two Board of Directors liaisons, Mr. Stu Sutin, Treasurer, and Mrs. Diane Pezzimenti, Director, for their dedication and hard work in preparing next year's budget.

Also, you should start receiving your 2024 coupon booklets in the mail in the next couple of days. Please

Continued on Page 3

Office

Property Manager: Oded Neeman Phone: 360-1046 Line #101 email: PropertyManager@lakeridgefalls.org After hours Emergency Only - 941-951-4034

Guardhouse: 941-355-1328 / Security@lakeridgefalls.org Virtual Assistant/ LRF Falls Forum: Paula Murray

Email: Paula@lakeridgefalls.org

note that if you are enrolled in an Auto Debit Program in which the bank automatically withdraws the funds out of your bank account each quarter, you will NOT be required to contact the bank. Centennial Bank, the institute in which the Association banks, will automatically adjust the amount to reflect the new Association dues.

As always, here are all your payment options:

To better explain this point, here are the available payment options:

- 1. <u>Coupon Payment Booklet</u>. The booklet which will be received in the mail has 4 payment stubs. Please make sure to detach the payment stub for the appropriate payment period, write a check for the amount on the stub, fill out the required information, and mail it to the address as appears on the booklet.
- 2. <u>Drop a Check in the Office</u>. You can always drop a check in our offices. If you don't have your booklet, simply make sure to write your address on the check and make it payable to LakeRidge Falls Community Association Inc.
- 3. <u>Join the Automatic Debit Service</u>. You can request Centennial Bank to automatically debit your account. The necessary form is available on their website: <u>45-CLASS_Autopay_Enrollment-Blank.pdf (my100bank.com)</u>.
- 4. <u>Pay Online</u>. Please note that this service may have fees involved with it. If you wish to do so, you will need to visit Centennial Bank's website: <u>Centennial Bank Online Payment Solution</u> (<u>my 100epay.com</u>).
- 5. <u>Use Your Bank Online Payment Services</u>. Most banks offer a service that allows clients to pay their bills online. Please contact your bank for more information.

Toys for Tots Campaign – The Community Relations Committee (CRC) would like to announce that the traditional U. S. Marine Corps Reserve Toys for Tots Campaign has started. The campaign is scheduled to end on December 13th, 2023. The campaign's objective is to provide three age-appropriate toys to each eligible child in Manatee County. This week, a large cardboard box was placed at the entrance to the Clubhouse by a Former Marine Volunteer. If you wish to help with this blessed cause, please feel free to drop a toy or toys in this box. Please note that toys should be placed in the box unwrapped so the appropriate age for the gift recipient can be determined by the Marine volunteers running the campaign. Elaborate and/or expensive toys are not necessary. Sometimes simple is better. For this campaign, the definition of "toy" includes books and games. The CRC encourages all residents not to donate toy guns of any sort (i.e., water guns, NERF guns, etc.). As in past years, we are sure this campaign will prove to be super successful.

<u>Food Drive</u> – The CRC also would like to share that LakeRidge Falls' residents donated 692 pounds of food to the Food Bank program in 2022 while this year, to date, the community has donated over 300 pounds. A great testimony of an amazing community spirit! For those who may not be aware of it, the Food Bank of Manatee/ Meals on Wheels is an organization that provides "nutrition and caring, supportive services to our community..." and "is the largest hunger-relief organization based in Manatee County and has provided over 30 million pounds of food since 1985 for local children, families,

and seniors."

The CRC invites residents to continue and make a difference by continuing the journey to help those in need. It was noted that the Food Bank of Manatee/ Meals on Wheels can always use peanut butter, cooking oil, canned meat and vegetables, and canned/powdered milk. We invite and encourage all residents to stop by and help fill the large yellow barrel, which is placed in the clubhouse, with food and love. Thank you in advance for your cooperation and donations on this important matter.

<u>Mowing</u> – It is always a little bit difficult knowing exactly when to start the biweekly mowing. After all, temperature, types of grass, ground conditions, and rain are factors one must take into consideration in making such a decision. For example, bahia grass will go dormant and turn brown when temperatures drop while St. Augustine grass may need to be mowed more often under the same conditions. This year more than before, such a decision is more difficult as the conditions are nothing like we knew before, i.e., lack of rain, fluctuation in temperature, etc. However, a decision needs to be made and BrightView Landscape, the Association landscape maintenance company, decided to start the biweekly practice early last month. The weekly mowing will resume around March/April.

<u>Irrigation</u> – Last month, Water Equipment Technologies of Southwest Florida (WET), the local vendor the Association uses for all its pump-related maintenance and service matters, was on site to inspect the irrigation station after we experienced pressure issues. In short, we have noticed a fluctuation in pressure causing some irrigation heads to break and other areas to have low pressure. In addition, while attempting to troubleshoot the issue, we noticed that the filter system was automatically flushing its filters every few minutes instead of a few days. Upon an inspection, WET tech discovered that the power supply to one of the two irrigation station's filters was off causing pressure issues and over-clogging the other filter. Of course, the issue was corrected and the system was tested to ensure proper operation.

With this in mind, we wish to advise all residents that the irrigation schedule was reduced by 50%. This is done for two main reasons. The first has to do with the season. As we enter the cold part of the year, the grounds require less watering. The other reason is water allocations. As explained a few times in the past, the Association is governed by a permit issued by the South Florida Water Management District (SFWMD), a regional governmental agency tasked with protecting and preserving Florida's water resources. Under the permit, the Association can't exceed the allocated amount of groundwater it pumps for irrigating its grounds. Therefore, please be aware that the irrigation around your property may work at different times and lengths than you used to see in the past.

<u>Palms</u> – Staying with landscape-related matters, ACI, the Association tree maintenance company, was on-site last month to remove six palm trees. As reported a couple of times in the past, there is increased concern among professionals and scholars regarding a variety of palm diseases, which may leave Florida palm-less within a couple of decades. Two of the more known diseases are Ganoderma and Lethal Bronzing.

In a document titled "Ganoderma Butt Rot of Palms," Monica L. Elliott and Timothy K. Broschat of the University of Florida describe Ganoderma as a fungus that "degrades the lignin in the lower 4–5 feet of the [palm's] trunk." As they also describe, a "palm cannot be diagnosed with Ganoderma butt rot until the basidiocarp (conk) forms on the trunk, or the internal discoloration of the trunk is observed after the palm is cut down." They conclude by saying there are "currently no cultural or chemical controls for preventing the disease or for curing the disease once the palm is infected." In sum, using simple terms, Ganoderma is a palm disease that can't be prevented or treated and can only be diagnosed after

it is too late. To read more about Ganoderma, please use this web address: PP54/PP100: Ganoderma Butt Rot of Palms (ufl.edu)

The other lethal disease is called Texas Phoenix Palm Decline or as it better come to be known Lethal Bronzing. In a similar document published on the University of Florida's website titled "Lethal Bronzing Disease," Brian W. Bahder and Ericka E. Helmick describe it as a type of bacterium that lives "in the part of the plant where sap is transported." Because the bacterium is "transmitted to plants by piercing-sucking insects that feed on the sap," prevention is a challenging task. They conclude by saying that "current data suggests that once palms start showing symptoms, the label rate for the antibiotic oxytetracycline-

hydrochloride is not sufficient for symptom reversal." For this reason, the recommendation is that "once a palm shows symptoms and tests positive for the LBD phytoplasma [Lethal Bronzing], it should be removed immediately." To read more about







Lethal Bronzing, please use this web address: PP243/PP163: Lethal Bronzing Disease (LB) (ufl.edu).

Unfortunately, LakeRidge Falls is no exception. Just in the past year, we identified around forty dead or dying palms that had to be removed. The good news, however, is that the Association is well-prepared to deal with this unfortunate reality. Some may not be aware of the fact that the idea behind the creation of the Long-Term Landscape Group sparked back in 2015 after the Association learned most of its Queen and Chinese Fan palms were infected with Ganoderma. In other words, since 2016 the Association has been continually working to ensure it has an action plan and funds set aside to address this matter by replacing the palms with more disease-resistant palms, hardwood trees such as shady ladies, and a complete landscape bed makeover of beds which were dominated by palms.

With the above in mind, above are a few pictures of ACI crew members removing a large Washingtonia tree located near the Mi-Pueblo gate.

Pool Temperature – As we enter the coldest months of the year the pool is getting colder as well, especially for those who are using it during the early hours of the morning. Therefore, we took advantage of the fact that Geothermal Innovations, the Association's pool/spa geothermal system maintenance company, was on-site recently to repair a minor leak in the spa heating system to switch the pool temperature mode from cooling to heating. Here is a short and simple explanation of what this means. The pool thermostat is set to reach a desirable temperature; in our case, 87 degrees Fahrenheit. During the summertime, the pool temperature rises because of sun exposure. Therefore, the cooling mode is set to bring the temperature down to 87 degrees. When it "hits" 87 degrees, the geothermal system that controls the pool's temperature stops. Therefore, when the season changes (i.e. winter) and the temperature outside drops, the water temperature drops as well. As a result, there is a need to switch the mode to heating to bring the temperature up to 87 degrees.





However, a couple of weeks after the settings were changed, we were informed that the pool was not at the desirable temperature. Upon further review, it was noted that the newly installed heaters displayed an error message "no pool/spa water flow." Needless to say, a service call was placed with Geothermal Innovations. The initial trouble-shoot call revealed, we were advised, that despite the message displayed on the units, the system, as can be seen in the pictures to the left, has the required water flow. This led Geothermal Innovations to a conclusion that there is a good chance that a flow sensor in one of the newly installed units is faulty. And indeed, their assumption was found to be right. Therefore, AquaCal, the manufacturer of the units, sent a tech a couple of days later to correct the matter. It should be noted that this work fell under the warranty and

therefore the Association was not charged for the service call. We are happy to say that since then the pool has been working without any issues.

<u>Suspicious Activity</u> – Last month, we received a report of a person who was riding on an electric scooter with a smartphone in hand and a camera mounted on the helmet. The resident who noted the person then confronted the person and asked if he lived in the community to which he replied by saying no.

We can't stress it enough, but still, we urge all residents not to confront trespassers. Instead, please immediately call the Manatee County Sheriff's Dept and make sure you are familiar with the address where the trespasser was identified. And **REMEMBER**, please don't hesitate to call 911 in a true emergency which is when immediate assistance is warranted because of an injury or danger. As always, thank you for your attention to this matter.



<u>Security Cameras/Motion Sensor Light Fixtures</u> – On a related matter, we encourage residents to take action to improve the security of their homes. Some of the measures suggested by professionals were installing smart security cameras and/or motion detection light fixtures around the house. However, it was also noted that members should remember to obtain Architectural Review Board (ARB) approval before installing such items. The reason why we bring this issue up is that while the vast majority of those who install such items obtained approval from the ARB, we have noted a handful who didn't.

Besides the fact that the Association governing documents, Article V, Architecture and Landscaping, 5.1, General, requires that "[n]o structure or thing shall be placed, erected or installed upon any Lot, and no improvements or other... shall take place within the Community, except in compliance with this Article and the Architectural Guidelines," applying to the ARB for to install security camera/motion detection light ensures:

- the privacy of fellow neighbors is honored
- the adverse visual impact of any light on other properties is minimal to none
- the preservation of the community's architectural integrity, harmonious design, and aesthetic principles

For this reason, members of LakeRidge Falls are required to obtain an ARB approval in writing before any changes are made. Please note that all ARB Forms must be filled out, dated, and signed by the homeowner. In addition, the form must be accommodated with an 8" by 11" sheet of paper either legibly printed or typed with a detailed description of the proposed change, addition, or installation no later than forty-eight (48) hours before the scheduled ARB meeting. Furthermore, requests must be accompanied by a photo showing the exact location of the project. A scale drawing may be substituted in the event an owner cannot locate the original document. We thank you in advance for your attention and cooperation on this matter.

<u>Riding Bikes</u> – With summer behind us, outdoor activities are becoming more ideal for those who are looking for leisure activities. One of the more favorable pastimes among LakeRidge Falls residents is riding a bicycle. After all, this activity offers bicyclists both enjoyment and healthy exercise. While most cyclists use the community roads, some choose to use the community sidewalks as they don't feel comfortable and/or safe enough to use the roads. But similar to Newton's third law, the action of riding the sidewalks has an equal and opposite reaction by pedestrians who feel unsafe sharing the path with cyclists. As a result, members have occasionally asked the Association to act against those who ride their bicycles on the Association's sidewalks. The Association will not ask members to act against each other.

The first thing all must understand is riding a bicycle on a sidewalk is permissible per Florida Statute 316.2065. Lipcon & Lipcon, P.A., a legal firm out of Miami, on its website (https://www.lipconlawfirm.com/is-it-illegal-to-ride-your-bike-on-the-sidewalk-in-florida/) that "Florida law states you can ride your bike on the sidewalk. Even though a bike is considered a vehicle on the road, they have the same rights and responsibilities as pedestrians. Yet, the biker must yield to the other people using the sidewalk. They must audibly let them know when they are turning or stopping, as well as use hand signals and lights. When they come to a crosswalk, they obey the same rules as pedestrians, and other automobiles must yield to them. Pedestrians and cyclists always have the right of way."

Therefore, cyclists must always remember that while riding the sidewalk is permissible they must exercise caution to make sure no one would get hurt. To better assist all on the matter, here are a few safety guidelines gathered from several blogs and websites:

- Use safety equipment Helmets, gloves, knee and elbow pads, lights, and reflective materials are only a few of the safety measures cyclists can use to protect themselves.
- **Go Slow** This seems pretty obvious, but you will be amazed how many times people ignore this basic rule. The general rule of thumb says that one should never ride faster than a relaxed jog.
- **Yield to Pedestrians** Always remember to be courteous and polite and always give pedestrians the right to walk freely on the sidewalk. When seeing people walking or if you approach them from behind, be polite and ask them to let you pass. Never come up behind residents yelling or ringing the bell.
- Walk Your Bike Sometimes, you may be forced to get off your bike and walk it for a little bit. At times you may see a group of daily walkers. Your best bet would be to just get off your bike and walk it while they pass you. It is not worth the risk of hitting someone for something that takes a few moments.

So in sum, all should know that cyclists have the right to use the Association's sidewalks. However, all should also know that cyclists must yield to the other people using the sidewalk while exercising care. To avoid the risk of getting hurt or hurting someone else, please follow the suggested steps mentioned above. Together we can keep LakeRidge Falls a safe place to live in.



TOY DRIVE

It's a season of giving! Through the gift of a new toy or book, the Marine Toys for Tots program brings the joy of the holidays and sends a message of hope to America's disadvantaged children. To date, they've distributed 652 million toys to 291 million deserving children. You can also donate online at www.toysfortots.org

This year Santa and his Elves will be collecting toys and books in

Santa's Festive Golf Cart Sled!

If you 'd like your gift picked up at your door or on your stoop, please let us know by putting a red ribbon on your mailbox flag.

Ribbons are available in a basket in the Grand Salon.

Santa may even leave a little gift for YOU!!

Singing Santa and Elves will be driving around and collecting your gifts at Lakeridge Falls on

December 10 and 11 from 4-5:30 PM.

Listen for the Jingle Bells and the HO HO HOs!

(Or drop off gifts in the large cardboard box in the Club House !)

BOOKS! BOOKS! BOOKS!

Perhaps you may consider giving the gift of a precious and long lasting new book to a child.

Suggested Teacher Selected Titles:

Books for Babies

Hello Farm- Maddie Frost. The Wonderful Things You Will Be- Emily Martin
I Love You Like No Otter- Rose Rossner
Pat the Bunny- Dorothy Kunhardt

Books for Toddlers

Chicka Chicka Boom Boom- Bill Martin, Jr. Things That Go!- Amy Pixton
World of Eric Carle, Around the Farm. Brown Bear, Brown Bear, What Do You See? -Bill Martin

Books for 1 and 2 year olds

Dragons Love Tacos- Adam Rubin.

Giraffes Can't Dance- Giles Andreae

Melissa & Doug Old MacDonald's Farm

Dr. Seuss's Beginner Book Boxed Set Collection

Books for. 3 and 4 year olds

Little Critter- Mercer Mayer The Wonky Donkey- Craig Smith
How to Catch a Dinosaur- Adam Wallace. Henry Heckelbeck and the High Dive Date-Wanda Cove

Books for 5 to 7 year olds

How to Draw Deluxe Edition Pokemon—Maria S. Barbo Elephant and Piggy. Mo Willems
Perfectly Pegasus-Not Quite Narwhal and Friends- Jessie Sima Ira Sleeps Over- Bernard Water
Thomas' Snowsuit- Robert Munsch

Books for 8 to 12 year olds

Wish- Barbara O'Connor Trapped in a Video Game- Dustin Brady
Judy Blume's Fudge Box Set- Judy Blume. The Key House- Mike Curtis

Making a Difference: An Inspirational Book about Kids Changing the World-Stacy C. Bauer



Four Florida **FOODIES**

Restaurant Ratings

(Episode #5)

Ratings by Fern & Bob Rouleau and Linda & Gunner Lorenz. These are our opinions which might change with different chefs and/or servers on a different day. In fact we HAVE found that the food has varied and would get different grades on different days, even ones we loved.

51- Evie's Tavern and Grill - A

4725 Bee Ridge Rd, Sarasota

- ⇒ Food /service very good and it comes to you quickly
- ⇒ Daily specials
- ⇒ Great chicken wings (nice and crunchy) and pizza
- ⇒ Family place with lots of kids, can be noisy

52- The Yard House - B

115 University Town Center Dr, Sarasota

- ⇒ Noisy, long wait, service is slow
- ⇒ Prices vary steaks are very expensive
- ⇒ Upscale Duffy's
- ⇒ Good burgers, wings and jambalaya

53- Speaks Clam Bar - B

8764 State Road 70 E, Lakewood Ranch

- ⇒ Service was fabulous (you are lucky if you get Emma)
- \Rightarrow Atmosphere was relaxed and comfortable
- ⇒ Food tends to be spicy
- ⇒ Seafood oriented

54- Morrone's - A

5913 53rd Ave, Bradenton

- ⇒ "Real homemade Italian food"
- ⇒ Family run, great service
- ⇒ Reservations suggested for dinner
- \Rightarrow Reasonable prices

55- Verona's Pizza - A

5257 33rd St E, Bradenton

- ⇒ Veal parm is wonderful, Crispy chicken wings
- ⇒ Great service
- ⇒ Authentic Sicilian pizza
- ⇒ They deliver

CLASSIFIED ADS

Classified Ads are to be submitted by Lakeridge Falls Residents only!

All American Handyman, Home Repair, Honeydo list, House Sitting, Free Estimates! Call Donnie, LRF Resident at 941-320-3268

Only \$1.00 per line, five line limit. Deadline is the 20th of each month. Email Paula@lakeridgefalls.org



Wine & Fiction Book Club

For December, we're doing something a bit different. We will determine the books for 2024 as well as gather for a year-end celebration brunch. Bring a dish to pass, your appetite and your votes for ten books to read in the new year. Please note that the time, day, and location are different from our usual arrangements:

Date: Wednesday, December 6th

Time: 10:00 AM

Place: 4152 Mackay Falls Terrace

Bring: A dish to pass

Kindly RSVP to Barb Weigand at:

weigassoc@gmail.com or 317-385-3697



The Community Relations Committee (CRC) would like to encourage you to participate in our traditional U.S. Marine Corps Reserve

Toys for Tots Campaign

again this year. A large cardboard box is located at the entrance to the Clubhouse, where you can drop off an unwrapped toy or toys. The cut off date for donations is **December 13th.**

Thanks in advance for your generosity!



Mademoiselle Paris

8527 Cooper Creek Blvd

December 26th 11:30am

Signup in the Clubhouse

PAINTING CLASS

Let's paint a landscape together!



Signup sheet with details on Clubhouse Bulletin Board

Frances Frongillo



History Book Club:

The history book club is open to anyone with an interest in discussing American and global history. Monthly 1-hour meetings are held from 2 to 3pm East Coast Time.

Our "Zoom meetings" will normally occur on the third Tuesday of each month. Everyone is encouraged to recommend history books and facilitate our discussions. Members are encouraged to pursue their interests and curiosity. Participants will receive a Zoom link about two days prior to the meeting. The zoom invitations will include phone numbers for dial in purposes, which is helpful for anyone who encounters an internet connection problem. Anyone interested in joining should contact Stu Sutin at: sutindoc@gmail.com.

Scheduled discussions for the remainder of 2023 include:

 December 19 - David Brown. The First Populist: The Defiant Life of Andrew Jackson. Hilda DeRoner. facilitator



Millies

3900 Clark Rd, Sarasota

January 5th 11:30am

Signup in the Clubhouse



WELCOME BACK MARY!

- ⇒ Mondays at 10:00am starting 12/4
 - ⇒ Stretch-Balance-Strength (SBS) with Mary (\$2/class)
 - ⇒ Strap and hand weights needed
- ⇒ Wednesdays at 10:30am
 - ⇒ Stretch-Balance-Yoga (SBY) with Karen (\$5/class)
- ⇒ Wednesdays at 11:30am
 - ⇒ Gentle Yoga with Karen (\$10/class)
- ⇒ Thursdays at 10:00am starting 11/30
 - ⇒ Senior Yoga with Mary (\$2/class)
 - ⇒ Strap and hand weights needed
 - ⇒ Participants should be able to get up/down from the floor.



SATURDAY INFO GROUP

Saturday, December 16th

John Hornberger Edward Jones

John will be discussing investing in todays' economy.

Coffee & danish at 9:00am Presentation at 9:30am

Signup sheet in Clubhouse



Art League News

by Becky Stevens

The Art League opened our Fall exhibit on October 22, 2023 in the Club House with a well attended reception. Fourteen artists submitted thirty-one artworks depicting the theme **AUTUMN** in the Multipurpose Room. There are photographs, watercolors, oils, acrylics, and collages. The theme for the Challenge Project is **MY FAVORITE DESSERT**. It is in the Activities Room. The artworks of both collections will remain available for viewing until February 2024.

A new initiative is our **FEATURED ARTIST** display in the Activities Room. Dorie Parsons is our current featured artist with her striking photographs.

Newly installed in the Curio Cabinet is a collection of very colorful HORSES from the collection of Frances Frongillo.

Please take a moment to see the expressive art works created by your neighbors in LakeRidge Falls. For more information on the Art League activities contact: Becky Stevens, stevenseb@gmail.com.

ART TOGETHER will meet Friday December 15 at 1 PM in the Multipurpose Room. Bring a project to work on. **There is no meeting in December.**

Happy Holidays!







Social Committee News

by Jane Kintz



Monday, December 11th

Grand Salon
Cards go on sale at 6:30pm
1 - \$2 3 - \$5 6 - \$10
Lucky Ball sticker \$1
Chips available for \$3/bag of 100

Come join your neighbors for a night of fun!

REMINDER TO ALL DECEMBER EVENTS TICKET HOLDERS:

12/2 Cookie Swap -

Drop off cookies 10:00am, swap 2:00pm

12/9 Holiday Brunch - 11:00am

12/16 Holiday Lights Trolley Tour -

Check in at clubhouse at 5:45pm. Light refreshments in the clubhouse following the tour.



HAPPY HALLOWEEN!







December 2023						
GS – Grand S	alon	AR – Activities Room		MPR – Multi-Purpose Room		
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
WA = Water Aerobics	WVB = Water Volleyball	SDE = Self-Directed Exercise	SBY = Stretch-Balance- Yoga	SBS = Stretch- Balance-Strength		
					1 8:30 WA 8:30 BOCCE 10:00 Sociable Stitchers 10:00 WA – Instructor \$5 11:30 Dining Divas 6:30 Texas Hold'em	2
3	4 8:30 WA 8:30 BOCCE 10:00 SBS (\$2) 10:00 WA 10:00 Social Committee 1:00 500 Bid 3:00 Table Tennis	9:30 WA 10:00 SDE 10:00 Men's Coffee 10:00 Landscape Committee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	6 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 Wine & Fiction 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5) 11:30 Gentle Yoga (\$10) 1:00 Mahjong 6:30 Texas Hold'em	7 10:00 Senior Yoga (\$2) 1:00 Intermediate Tai Chi (\$5) 12:30 Mahjong 2:00 WVB 3:00 Table Tennis 6:00 Poker Happy Hanukkah!	8 8:30 WA 8:30 BOCCE 10:00 Sociable Stitchers 10:00 WA - Instructor \$5 2:00 Board Meeting	9
10	11 8:30 WA 8:30 BOCCE 10:00 SBS (\$2) 10:00 WA 1:00 500 Bid 3:00 Table Tennis 6:30 BINGO	12 10:00 SDE 9:30 WA 10:00 Men's Coffee 11:15 Book Club 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	13 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5) 11:30 Gentle Yoga (\$10) 1:00 Mahjong 6:30 Texas Hold'em	14 10:00 Senior Yoga (\$2) 10:00 ARB 12:30 Mahjong 1:00 Intermediate Tai Chi (\$5) 2:00 WVB 3:00 Table Tennis 6:00 Poker	8:30 WA 8:30 BOCCE 10:00 Sociable Stitchers 10:00 WA - Instructor \$5 10:30 CRC 1:00 Art Together 6:30 Texas Hold'em	INFO SATURDAY 9:00
17	18 8:30 WA 8:30 BOCCE 10:00 SBS (\$2) 10:00 WA 1:00 500 Bid 3:00 Table Tennis	19 10:00 SDE 9:30 WA 10:00 Men's Coffee 11:00 Security Committee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 3:00 Holiday Decorating 6:30 Euchre	20 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5) 11:30 Gentle Yoga (\$10) 1:00 Mahjong 6:30 Texas Hold'em	21 10:00 Senior Yoga (\$2) 12:30 Mahjong 1:00 Intermediate Tai Chi (\$5) 2:00 WVB 3:00 Table Tennis 6:00 Poker	8:30 WA 8:30 BOCCE 10:00 Sociable Stitchers 10:00 WA - Instructor \$5	23
24	MERRY CHRISTMAS!	26 10:00 SDE 9:30 Women's Breakfast 9:30 WA 10:00 Men's Coffee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:30 SBY (\$5) 11:00 Pool Committee 11:30 Gentle Yoga (\$10) 1:00 Mahjong 6:30 Texas Hold'em	28 10:00 Senior Yoga (\$2) 12:30 Mahjong 1:00 Intermediate Tai Chi (\$5) 2:00 WVB 3:00 Table Tennis 6:00 Poker	8:30 WA 8:30 BOCCE 10:00 Sociable Stitchers 10:00 WA - Instructor \$5	30/31



We LIVED in LRF - We KNOW LRF!

As the TOP SELLING agents in LRF, call us to list your home - we will get it SOLD!



Irv (941) 321-9683



Leslie (941) 266-5308

lroths3124@gmail.com



www.LiveSarasota.com







Rodney D. Gerling, Esq. Dana Laganella Gerling, Esq. Marla Stewart Owczarek, Esq.

Estate Planning, Probate, Trust Administration and Elder Law



FREE LIVING WILL WITH EVERY ESTATE PLAN

 Simple Will
 \$ 195.00

 Revocable Living Trust:
 \$ 1,195.00

 Single, Non Taxable
 \$ 1,795.00

 Married, Non Taxable
 \$ 150.00

 Power of Attorney
 \$ 130.00

 Health Care Surrogate
 \$ 130.00

 No additional costs required other than the start ferspite after pitchels

Offices: East Bradenton

(941) 756-6600 www.gerlinglawgroup.com

Senior is looking to purchase precious metals, coins, antique and estate jewelry, diamonds, time pieces, antique firearms, and some collectors plates.

Personal and confidential appointments available.

Over 60 years experience.

Please call Marc at 941-321-0707





PHILLIPS PLUMBING



Phone 941-756-8454

joe@phillipsplumbinginc.com dispatch@phillipsplumbinginc.com

> 2401 15th Street Sarasota, FL 34237 License # CFC1428059

Kris Cafiero

Office: 941-552-9279
PestArmorServices.Com
Info@PestArmorServices.com



STILL DEALING WITH PAIN? WE CAN HELP!



GULF SHORE
Physical Therapy Center



ony Torosi DTA CDT

Monday – Friday, 8:00am – 6:00pm

5899 Whitfield Avenue - Suite 100

941-355-5565

Personal Training, Physical & Massage Therapy SPECIALIZING IN ONE ON ONE CARE

- Spinal Decompression Therapy

 Rotator Cuff Rhab
- Total Knee/Hip Chronic Pain Neck Pain
- Shoulder Pain
 Back Pain
 Herniated Disk
- Neurological Disorders

 Balance/Fall Prevention 1:1

FREE CONSULTATION (value \$100)

Medicare And Most Insurances Accepted | Se Habla Español