



Falls Forum

APRIL 2023

A message from your Board...

Dr. R Paul Urbanick, President

Dear Members,

The Board of Directors met on Friday, March 10th. You will be receiving a ballot for updating Article 3 of our governing documents. The purpose is to ensure we maintain our 55+ status. We need to remain in conformity with current law and close loopholes that could be problematic. Please vote. **IF YOU DO NOT VOTE, IT IS A VOTE AGAINST THE AMENDMENT.**

Introducing: "Committee Corner":

The Board has charged the CRC Committee with a new initiative for the Falls Forum. Lakeridge Falls has many committees. Have you wondered what each of them do? Yes, the information is in the LRF website, but how frequently have you searched there for information? To help you understand the functions and responsibilities of each committee (and how you might contribute), as well as, important issues they are addressing, we will be highlighting one committee each month. Check it out!

REMINDER: As home remodeling continues, please ask your service people to park on only one side of the street. Emergency vehicles need easy access. Also, many of the mailboxes are 20+ years old and looking the worst for the



wear. It is the homeowner's responsibility to replace the mailbox. Oded informs me that replacements are easily found at Home Depot and several of my neighbors have ordered theirs from Amazon. Remember the standard is now: high gloss black, red flag. The screws can be difficult to remove so try using blaster on them the day before to eliminate the built up rust. Perhaps your box is fine and only requires a fresh coat of paint. Do address this soon as the Roads & Grounds Committee is reviewing boxes and if yours is unsightly you may receive a letter of noncompliance.

The Art League gallery is featuring "Hats". This whimsical show began Sunday March 19th. Take time to visit the exhibition at the clubhouse. Many thanks to all the talented members of our community for this artistic show.

March 12th was the Italian Dinner night. Once again kudos to the Social Committee for a successful event. Too many members in supporting roles to mention here, but a large cast of volunteers participated for this occasion. If you missed it, fun was had by all. The food was delicious and the company

LRF ASSOCIATION BOARD OF DIRECTORS

President, Dr. Paul Urbanick President@lakeridgefalls.org
VP, LTC (R) Lee F. Kitchen VicePresident@lakeridgefalls.org
Treasurer, Stewart Sutin Treasurer@lakeridgefalls.org
Secretary, Suzi Weinstein Secretary@lakeridgefalls.org
Director, TBD Director@lakeridgefalls.org

Committees

Architectural Review Board (ARB)

Suzi Weinstein, Board Liaison
TBD, Chairperson
Meetings: 2nd Thursday of the month at 10:00am

Budget Committee

Stu Sutin, Board Liaison
TBD, Chairperson
Meetings: As needed

Buildings Committee

LTC (R) Lee F. Kitchen, Board Liaison
Arnold Wallenstein, Chairperson
Meetings: As needed

Community Relations Committee (CRC)

Dr. Paul Urbanick, Board Liaison
Barb Weigand, Chairperson
Meetings: 3rd Friday of the month at 10:30am, as needed

Landscape Committee

Stewart Sutin, Board Liaison
TBD, Chairperson
Meetings: TBD

Roads and Grounds Committee

Paul Urbanick, Board Liaison
David Danilowitz & Dick Dorn, Co-Chairpersons
Meetings: As needed

Pool Committee

Suzanne Weinstein, Board Liaison
Ilana Danilowitz, Chairperson
Meetings: Last Wednesday of the month at 11:00am

Security Committee

LTC (R) Lee F. Kitchen, Board Liaison
Paul Moretti & Bernie Pezzimenti, Co-Chairpersons
Meetings: 3rd Tuesday of the Month at 11:00am

Hurricane Preparedness Group

Paul Urbanick, Board Liaison
TBD, Chairperson
Meetings: as needed

Social Committee

Jane Kintz & Leigh Selby, Co-Chairpersons
Meetings: 1st Monday of the month at 10:00am

Art League

Becky Stevens, President
Alice Dorn, Co-President
Meetings: 2nd Monday of the month at 1:30pm

4200 Lakeridge Blvd. Sarasota, FL 34243

exceptional. The Social Committee continues to amaze with well run, well decorated events and tasty food. Mark your calendar and come join us at the next event.

Have you replaced your downspouts and ensured they are correctly emptying rainfall directly into our ponds? I know the process of application to the ARB is daunting. So, there is an easy solution. See Oded. He has agreed to prepare the necessary paperwork for the ARB. You may of course select your own contractor, or Oded can make arrangements for you ensuring the project is completed as required. Your job? Sign the application, pay the cost, and relax. Or do it the old cumbersome way. Help preserve our lakes. Take action soon.

Hello, Help! I constantly get complaints about the difficulties of hearing and background noise on our meeting broadcasts. With summer approaching, more members may be attempting to attend online. If you know technology and would be able to help, we would greatly appreciate your assistance. Please contact me or Oded. Help make online attendance more enjoyable.

April is here and some of you will be heading north. Drive safely, or best wishes for an uneventful flight. We will miss you and look forward to your return in the fall.

Office

Property Manager: Oded Neeman
Phone: 360-1046 Line #101
email: PropertyManager@lakeridgefalls.org
After hours Emergency Only - 941-951-4034

Guardhouse: 941-355-1328 / Security@lakeridgefalls.org
Virtual Assistant/ LRF Falls Forum: Paula Murray
Email: Paula@lakeridgefalls.org

Property Manager Report

by Oded Neeman

LakeRidge Falls 55+ Status – LakeRidge Falls offers so many benefits to its members and residents. There is no doubt its amenities, maintenance-free landscape, peaceful scenery, community location, and safety & security are second to none. Above all, LakeRidge Falls' members and residents are what makes LakeRidge Falls a truly great and unique community to live in. One of the main reasons for this is the fact that LakeRidge Falls is a 55+ community. As one can reasonably assume, a community must comply with the rules established by the U.S. Department of Housing and Urban Development (HUD) and the Florida Statutes to be considered a 55+ status. And indeed, LakeRidge Falls' governing documents were drafted and recorded to ensure just that. More specifically, Article III is the main catalyst that allows the Association to restrict occupancy of Lots based on certain criteria thus allowing it to be a 55 and older community.

As we all came to know, lawmakers adopt and amend State and Federal laws mainly because they are constantly being challenged, among other things, by talented lawyers who find legal loopholes in outdated laws. Unfortunately, the same applies to LakeRidge Falls as the Association's governing documents were drafted in March of 2001. Therefore, failure to recognize and adapt to trends and legal changes may only mean the best interests of LakeRidge Falls members are in jeopardy. And indeed, the Association discovered a few legal loopholes through several events that took place in recent years, which may, if not corrected, jeopardize its 55+ status.

Therefore, the Board of Directors discussed this matter during its last meeting. Following a lengthy discussion, the Board approved a proposed amendment to Article III that will ensure and protect the Association against those who challenge its approval process and its 55+ status. With this silly prologue in mind, we know many

By now, you should have received a ballot in the mail asking for your vote on amending Article III. As you can imagine, your Board urges a "Yes" vote on the proposal to amend Article III of the Declaration. It is important to mention that this amendment is ***strongly recommended by the Association's attorney***.

Once complete, please make sure to mail your vote back using the provided envelope. Another option is to fill out the ballot and email it back to us at: PropertyManager@LakeRidgeFalls.Org. You can always drop your vote in one of the gray mailboxes located inside the clubhouse just outside our offices. Please make sure to submit your ballot by June 1st, 2023, at 5 pm. And remember, a no vote is a vote against the amendment as it requires $\frac{2}{3}$ of the membership for approval.

The Story of Bariloche & Fire Safety –

Years ago, which is more like decades ago, I backpacked throughout South America. One of the places I visited was Bariloche (i.e., San Carlos de Bariloche), a picturesque and charming town in western Argentina. Besides its mesmerizing scenery, extreme outdoor activities, and delicious pastries/ice creams, Bariloche offers one special thing. Meat. Lots of meat. You see, Argentinians love their asado, aka barbeque. How much do they love to barbeque one may ask? Well, consider the following interaction I had with a three-year-old boy of a local restaurant owner.

While having lunch, the owner's boy found the group of travelers who I dined with fascinating. I mean, who would not be by a group of six middle eastern, long-hair, hippie-looking group?! Well, at some point, one of the girls in our group asked the little boy, in Spanish of course, what noise the cow makes. Without any hesitation, the boy answered by making sizzling noises while pretending to flip an imaginary steak...

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of our residents love to barbeque. However, it is crucial to remember that safety comes first. This is especially true when it comes to multi-unit residential buildings, similar to the 33 buildings located in the Sandstone Falls Neighborhood, i.e., Ashford Falls Court, Cascade Falls Drive, Reynolds Falls Court, and Simpson Falls Court.

Per National Fire Protection Association (NFPA) requirements, the multi-unit residential buildings in LakeRidge Falls are required to follow Florida State-adopted NFPA codes shown below:

2021 Fire Prevention Code

This code requires buildings with multiple units, (more than 3) to have fire extinguishers that are annually inspected and tagged. The extinguishers need to be either installed on the exterior of the buildings so that they are no more than 75 feet of travel for any one unit, or each unit shall have one extinguisher inside.

Storage and Use of Gas Fired Grills, Hibachis, Charcoal or Wood Fired Grills

13.1 No person shall place or maintain gas or propane cylinders on porches, breezeways or balconies, or attached garages in multi-unit, multi-story buildings.

13.2 No person shall use or operate within any building or structure any unvented fuel or kerosene burning appliance, including those with woven wick, designed for heating purposes.

13.3 No person shall store or use charcoal, gas, or wood-fired heaters, grills, barbecues, or any other cooking appliance on porches, balconies, or breezeways in any multi-unit, multi-story building.

13.4 No person shall store or use any other heat-producing device or appliance which has been determined by the AHJ to be unsafe due to its application or use.

Smoke Alarms

Please also advise the residents to check their smoke alarms to ensure they are in working condition.

We ask all Sandstone Falls Neighborhood residents to take a moment and ensure the above is followed. Mainly, make sure to have a fire extinguisher and smoke alarms and at no circumstance store a propane tank in the unit, not even in the garage. Remember, an action by one resident may have the potential to impact adjoining units in the building. Unfortunately, it is more likely than not that these safety guidelines were written by professionals based on past experiences. For your own and your fellow neighbors' safety please make sure to follow these important directives. Thank you in advance for your attention and cooperation on this very important matter.

Parking on the Streets – Staying on safety-related matters, residents must understand that parking on the Association's narrow roads can be hazardous especially when parking on both sides of the road

Continued on Page 5

and/or parking at night. Now, we can restate the rule, but at times a picture is worth a thousand words, or in this case, a picture taken last month can best emphasize the potential risk of parking on the streets.

Therefore, and with the safety of all in mind, we kindly ask you and/or your invitees to park all vehicle/s in your driveway in a way that does not block pedestrians from safely using the sidewalks, or in the clubhouse parking lot according to the parking lot policy. If you have a construction or service

vendor working on your Lot, please ensure they don't park on the street for longer than reasonably necessary and in a way that does not interfere with traffic, such as parking on both sides of the road. Following such a simple direction will greatly assist us in eliminating potential hazardous and safety incidents such as the one mentioned above. Thank you in advance for your cooperation and understanding on this matter.



Cyclists Safely – Continuing with safety matters, this is a reminder for those who ride their bicycles around the community. Recently, we noticed a few cyclists who were riding on the wrong side of the road. Please, all residents, regardless of if they are riding a bike, driving a vehicle, or walking on foot, must obey all traffic laws and must be aware of their surroundings. Please, residents' safety can't be taken lightly.

On its website, The Florida Department of Highway Safety and Motor Vehicles (FLHSMV) provides great rules for bicyclists as part of its Bicycle Safety Awareness guidance. Here are some important rules appearing on this website:

- Obey all traffic controls and signals.
- Stay alert – do not text while biking or wear headphones or earbuds so you can hear everything around you.
- You may use the full lane when making a left turn, passing, avoiding hazards, or when a lane is too narrow for you and a car to share it safely.
- Use directional hand signals to show other drivers that you are about to turn.
- If you are riding on a sidewalk or crosswalk, you have all the rights and duties as a pedestrian. However, you must yield the right-of-way to pedestrians.
- Between sunset and sunrise, you must have a white light visible from 500 feet on the front of your bicycle and a red reflector and a red light visible from 600 feet on the rear. Be seen – wear neon or fluorescent colors and wear something reflective when riding at any time during the day.

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- It is recommended that all bicycle riders wear a helmet, no matter your age.
- When riding with others, you may not ride more than two side-by-side unless it is part of a roadway reserved for bicycles; you must ride single file if you and the other rider are impeding traffic.

To read more about this important matter, please visit the FLHSMV's website (www.flhsmv.gov/safety-center/driving-safety/share-the-road/) or click [here](#).

Remember, together we can keep LakeRidge Falls a safe and enjoyable environment. Please help us by fulfilling your part. We wish to thank you in advance for your cooperation and assistance on this super-important matter.

Walking at Night – A final note on safety-related matters. A great suggestion was presented to us by a long-time member of the community. It is common sense that walking at night can be less safe than walking during day time. Therefore, it would be best if those who walk their pets at night, exercise in the cooler weather, enjoy roaming the community under the stars, etc. ensure to take a few simple safety measures.

- Please make sure to walk on pedestrian pathways, not the road.
- Always make sure to be highly visible and alert while walking.
- Have a flashlight as it helps you to see your surroundings and allows others to see you.
- Consider wearing reflective gear such as safety vests and flashing armbands.

As with all of the above, your attention and cooperation are extremely important on this matter.

Pond Shoreline Erosion – The Association is dealing, as many other communities in Florida, with pond shoreline erosion issues. To better understand this matter, the Board of Directors established in 2017 a Long-Term Pond Working Group (PWG). The PWG goal was “to study and make recommendations for remediation of current erosion problems as well as a long-term plan to stabilize and or minimize future erosion in our stormwater drainage ponds.” It took the group a few years to conclude its work and in 2020 it produced a comprehensive, well-documented, and professional report. We encourage you to take a moment and read the report which is posted on the Association's website under the tab “Special Projects.”

Based on this report and in an attempt to develop a community-wide comprehensive action plan to address it, a few test sites were initiated. The goal was to evaluate the impact of the measurements taken and their effectiveness in combating pond erosion. One of the test site projects was named Pond Project 8, aiming at evaluating solutions to two main known contributors to shoreline erosion: residential downspouts and natural drainage swales. As was shared with the community, this project was initiated in May of last year.

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There are two main reasons why we are bringing this matter up. During its first meeting, the newly elected 2023 Roads & Grounds (R&G) Committee decided to establish task forces, called crews, to survey a variety of areas and issues affecting the community, publish the findings, and thereafter draft an action plan to address these issues. As one may reasonably assume, one of the crews established was tasked with surveying the issue of pond shoreline erosion. Therefore, you may notice in the next few weeks a group of three or more people wearing reflective vests walking behind your house. Please don't be alarmed as they are members of the R&G Committee who will identify and assess problem areas.

The other reason we bring this matter to your attention is SAFETY. Please note that some eroded areas are hidden. That is, the eroded area has grass that grew high enough to blend with the uneroded areas. As such, they create a hidden hole, which may be considered a tripping hazard. Therefore, we urge, not to say demand, that residents and their invitees stay at least five feet away from any pond's bank. Please, the safety and well-being of LakeRidge Falls residents is a top priority. Please, your attention and cooperation are extremely important on this matter.

Walking Behind Lots – On a related matter, this will be a great opportunity to speak about the difference between a private **Lot** and a **Common Area**. Based on the Association's Declaration, Article II, Concepts and Definitions, **Common Area** is all "... property, including easements, which the Association owns... or use for the common use and enjoyment of the Owners." A **Lot**, on the other hand, is defined as a "portion of the Community... which may be independently owned... The boundaries of each Lot shall be shown on a Plat..." In super simple terms, a Lot is owned by a member, i.e., the homeowner, while a Common Area is for the use/enjoyment, within limitation, of all members/residents.

As far as maintenance, generally speaking, a **Lot** is being maintained by the homeowner while

Common Areas are being maintained by the Association. Because a) it is prohibited, per the governing documents, to install fences, b) some homeowners' maintenance responsibilities were assigned to or assumed by the Association, for example, mowing of the grass, and c) the unique building layouts, i.e., a mixture of single-family homes, paired villas, and multi-plex dwellings, distinguishing between a **Common Area** and one's private **Lot** can be challenging.

While there are several ways to ensure boundaries between the two are visually noticeable, there is a much easier way to ensure one does not "invade" a fellow neighbor's privacy. It is a simple rule of thumb that says: if there is any doubt, there is no doubt. Simple as that. If you walk your pet, for example, in an open area in proximity to a residential dwelling and are not 100% sure if it is a common area, then implement the rule above and simply walk your pet in a different direction. After all, it is always better to be a good neighbor who respects one's privacy because it promotes a healthy environment which in return makes for a friendly community.

Light Poles on Kariba Path – Those who walk regularly most likely are very familiar with the five globe light fixtures located along the sidewalk that connects the two sections of Kariba Lake Terrace. These light fixtures were installed years ago to promote a sense of security for those who choose to walk at night. If it is parts, such as in the case of broken plastic clips, outdated technology, such as in the case of fluorescent bulbs, materials, such as in the case of discoloring acrylic globes, and cleaning, such as in the case of bugs build up inside the globes, these fixtures required ongoing maintenance that at times proved to be challenging.

Therefore, the Board of Directors decided to consider alternate fixtures that will be easy to maintain while meeting the community-wide standard. However, because residents' security and safety are more important than maintenance and/or architectural considerations, the Board of Directors wanted to ensure the prospective

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fixture provided the same, if not better, light spread as the ones currently used. Therefore, one light pole fixture was replaced and tested for the last couple of weeks.



Once determined the fixture meets the safety standard, and after further consideration, the Board of Directors voted during last month's meeting on replacing the current globe fixtures. Following this decision, all five globe fixtures were replaced with the newly approved fixture not before all poles were painted. We are sure many will appreciate the fresh and new look and enjoy the benefits of these fixtures for years to come.

Roofs Informational Forum – Early last month, the Roof Task Force held its third informational forum session. This time around, the Roof Task Force hosted the Association's attorney to discuss matters related to the governing documents and Florida Statutes regarding roofing. If you were unable to attend the meeting, please make sure to watch the recorded session as we are sure you will find it very interesting and most importantly informative.

To watch the meeting, and the first two sessions, please email me and I will be more than happy to send you the hyperlink to this session.

With the above in mind, please mark your calendar for the final Informational Forum meeting:

1. April 10th from 2:30 pm - 4:00 pm, a meeting focused on implementation challenges and draft plan, the final opportunity for questions to the Task Force before drafts are revised and submitted to the Board of Directors and the Architectural Review Board (ARB).

Your attendance is important as these sessions provide a great opportunity to greatly enrich your knowledge thus allowing you to be better prepared for the future roof replacement project.

Residents Directory – We are happy to announce that the 2023 Residents Directory is now available. As every year, residents are invited to pick up their directory at the LakeRidge Falls offices. This year, you will not be required to sign your name when picking up a copy. Please remember that each household is eligible to receive one copy of the directory. If you take more than that, we may need to print more copies which many would agree is an unnecessary expenditure. Lastly, we wish to take a moment and say a huge thank you to Mrs. Paula Murray, LakeRidge Falls' Association Assistant, Mr. Dan DeRoner, and Mr. Mike Byrnes, members of the community, for all their hard work in recruiting advertisers for this year directory thus helping to provide it to you at no cost to the Association.



Wine and Fiction Book Club

April Selection: *Horse* by Geraldine Brooks

A discarded painting in a junk pile, a skeleton in an attic, and the greatest racehorse in American history: from these strands, Pulitzer Prize winner Geraldine Brooks weaves a sweeping story of spirit, obsession, and injustice across American history. Based on the remarkable true story of the record-breaking thoroughbred Lexington, *Horse* is

a novel of art and science, love and obsession, and our unfinished reckoning with racism.

Please join us as we meet to discuss our thoughts, reactions and opinions about the book at our next meeting: **Tuesday, April 25th, 7:00 PM in the Grand Salon.** Leading our discussion will be Geri Stover.



Save the date -

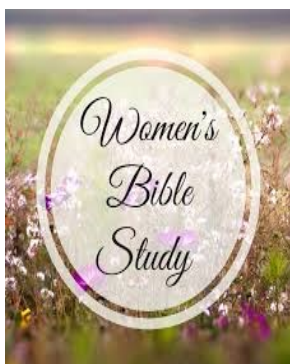
Early Cinco de Mayo party April 28th!

Catered by our neighbor Mi Pueblo -

6 to 8 pm, \$25 pp

Tickets on sale March 27-29 & April 17-19

See Bulletin Board for dinner menu - BYOB



**The Women's Bible Study
will begin a new study on
April 12th.**

**The Gospel of Luke
by Lisa Harper**

Wednesdays at 10:00am
4215 Cascade Falls Drive
Call/text Peggy Ostman:
630-272-7029



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Jim Tewel has now set the World record for BOCCE for the LakeRidge Falls community. He achieved 6 points for his team. This is something worth celebrating!

Feel free to come play, we welcome new players.



(M - W - F) 8:30 am

The **Community Relation Committee (CRC)** would like to introduce a new community program.



Caring Connections

- Do you ever have one of those days/weeks?
- Could you use a little pick me up from a neighbor?
- We're here to help!

Contact us to see how.

Carol - caroljeanbrantley@hotmail.com

Nancy - nancy.mendelson@gmail.com

513-515-3440 (leave message)



Game Night!

April 17th

7:00pm-9:00pm



Come one, come all! Let's play!



Bring your favorite game or try one of ours.

Snacks will be provided, simply bring your own beverage.

Signup in Clubhouse





LRF Book Club

Meets the 2nd Tuesday of each month at 11:15.

Reading Selections -2023

<u>Month</u>	<u>Book</u>	<u>Author</u>	<u>Discussion Leader</u>
April	The Personal Librarian	Marie Benedict & Victoria Murray	Elaine
May	Search	Michelle Huneven	Marcia
June	The Hangman	Louise Penny	Marion
July	No meeting		
August	No meeting		
September	The Forest of Vanishing Stars	Kristin Harmed	Suzi
October	Demon Copperhead	Barbara Kingsolver	Kathy
November	Lessons in Chemistry	Bonnie Garmus	Alida
December	Select Books for 2024		
January 2024	Brunelleschi's Dome	Ross King	Rowna



Looking to get out of the house for a fun evening?

Come join your neighbors for the LRF version of BINGO night. We play the 2nd Monday of every month. Our next BINGO night will be:

April 10th

Cards go on sale at 6:30pm.

Signup in Clubhouse

Hope to see you there!



**Seasoned Singles
Monthly
Monday Mixer**

Monday, April 3rd

4:00pm -6:00pm
(Grand Salon)

BYOB and an appetizer or a dessert to share.

All LRF singles are welcome!

Signup in the Clubhouse

POTLUCK

(Organizer - Fern Rouleau)

Come Celebrate Tax Day!

April 15th at 6:00pm

Grand Salon

Let's have another fun dinner together and make it even BIGGER than the last one!

Signup in Clubhouse

Women's Breakfast

April 25th at 9:30am



3713 Bahia Vista Street

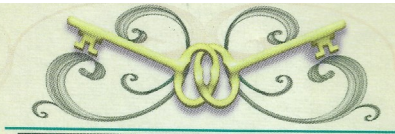
Signup in the Clubhouse

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Only \$1.00 per line, five line limit. Deadline is the 20th
of each month. Email Paula@lakeridgefalls.org

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April 7th at 11:30am

Signup in Clubhouse

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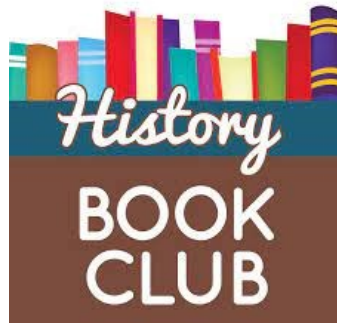
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Health Care Surrogate..... **\$110.00**

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History Book Club: Reading List & Discussion Schedule

A history book club is open anyone with an interest in discussing American and global history. Monthly 1-hour meetings are held from 2 to 3pm East Coast Time. Our "Zoom meetings" will normally occur on the third Tuesday of each month. Everyone is encouraged to recommend history books and facilitate our discussions. Members are encouraged to pursue their interests and curiosity. Participants will receive a Zoom link about

two days prior to the meeting. The zoom invitations will include phone numbers for dial in purposes, which is helpful for anyone who encounters an internet connection problem. Anyone interested in joining should contact Stu Sutin at:

sutindoc@gmail.com.

If you are interested

in joining, contact

Stu Sutin at:

sutindoc@gmail.com

Scheduled discussions for the remainder of 2023 include:

- **April 18** - Carl Sandberg. **Storm Over the Land: A Profile of the Civil War.** Paul Urbanick, facilitator
- **May 16** - David Roll. **George Marshall Defender of the Republic.** Stu Sutin, facilitator
- **June - August** - No Meetings
- **September 19** - David Schmitz. **Richard Nixon and the Viet Nam War.** LTC (R) Lee F. Kitchen, facilitator
- **October 24** - Christopher Hebbert. **The House of Medici.** Paul Urbanick, facilitator
- **November 20** - Arthur Herman. **The Viking Heart.** Karen Futurnick, facilitator
- **December 19** - David Brown. **The First Populist : The Defiant Life of Andrew Jackson.** Hilda DeRoner, facilitator

Save the date – Wednesday, May 3rd!

English Afternoon Tea @noon

Flynn's Tea House – Venice, FL

Tickets on sale April 17 – 19

10 - 2 in clubhouse

\$32 pp, see bulletin board for tea menu





In the SPOTLIGHT:
**Community Relations
Committee (CRC)**

By Barb Weigand

We are your communicators about all things happening within our active Lakeridge Falls Community. *The Falls Forum*, *Weekly Reminders* and the *Resident Directory* (ads) are a segment of the CRC responsibilities (even though there are many contributors to these publications). Whether it is welcoming new residents, hearing about the adventures of our neighbors during *Story Telling Nights* or reading about the travels of our cuddly *Trustworthy Companion* teddy bears that accompany residents on vacations and events, there is something for everyone to enjoy. Have you noticed the flags that decorate our community during patriotic national holidays? We have wonderful volunteers who have willingly taken on this responsibility to make sure that we pay our respects on these important holidays. The monthly *Saturday Info Sessions* feature a wide variety of topics that may be of interest to you. Have you heard a wonderful speaker, or attended a program within the Sarasota community that you think would be of interest to LRF residents? Please let us know. We love new ideas and suggestions!

Caring for our community is at the core of our mission. Do you have a LRF neighbor or friend who just needs a bit of support during a difficult time? Our *Caring Connections* program can assist the resident just by contacting one of our CRC members. We will soon be instituting a community-wide initiative (*The File of Life*) focused on providing emergency responders with the critical medical information when a resident experiences a medical emergency. Your contributions to The Manatee County food bank donation drum in the clubhouse lobby help provide needed assistance to people with food insecurity. Help us fill up the drum as the food bank is always in need of canned goods and pantry staples. Through *Toys for Tots* program in November and December, we make children's holidays just a bit brighter and happier.

In short, the CRC is here for YOU. Through our efforts, we strive to ".....establish and maintain a supportive, harmonious, cohesive environment" within the Lakeridge Falls community and to enrich the lives of all of our residents.



SATURDAY INFO GROUP

Saturday, April 15th

**Sarasota Memorial Hospital
Memory Clinic
Presenter: Daniela Valery**

*Coffee & pastries at 9:00am
Presentation at 9:30am*

"IS IT OLD AGE OR SOMETHING ELSE?" She will discuss the normal aging process and what to expect to happen as we age. What is normal and what isn't.

Signup sheet in Clubhouse



Storytelling Night

This event has been a big hit in LRF!

Although its' founder Marty Collins will be leaving us, Mitzi Hogoboom has agreed to carry the torch and become the new organizer for this event.

The next Storytelling Night will not be held until early next year, however our recruitment efforts to obtain Storytellers is ongoing. No experience necessary, just an interesting story to share with neighbors and friends. No need to memorize your story, simply write it down and read it if you choose.

Signup in Clubhouse TODAY!

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LakeRidge Falls Art League

Art League News

By Becky Stevens

The LRF Art League opened three Exhibitions on Sunday March 19th.

1. "My Favorite Things"- Forty-two artworks by seventeen LRF Art League members, are on display in the Multipurpose Room.
2. The Challenge Project "HATS" by fifteen members is displayed in the Activities Room.
3. A portion of resident Nancy Mendelson's collection of glass paperweights and Perfume Bottles is on display in the Curio Cabinet in the Grand Salon.

(All shows will be on display through the middle of June.)

The Reception was well attended and there were generous donations to the Childrens' Summer Art Scholarship Fund. The Art League is sending \$100.00 to each of the following institutions to help a deserving child attend their summer programs: Art Center Sarasota, Manatee Art Center, The Boys and Girls Club of Sarasota and the Boys and Girls Club of Manatee. We feel that the art experience is valuable to children as a means of expression as they are learning about themselves and the world they live in. Financial need should not be a barrier. Thank you to all who supported this effort!



April 2023						
GS – Grand Salon		AR – Activities Room		MPR – Multi-Purpose Room		
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<i>WA = Water Aerobics</i>	<i>WVB = Water Volleyball</i>	<i>SDCY = Self-Directed Chair Yoga</i>	<i>SBS = Stretch- Balance-Strength</i>			
						1
2	3 8:30 WA 8:30 BOCCE 10:00 WA 10:00 SBS - (\$2) 10:00 Social Committee 12:00 Intermediate Tai Chi (\$5) 1:00 500 Bid 3:00 Table Tennis	4 9:30 SDCY 10:00 WA 10:00 Men's Coffee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	5 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:00 SBS - (\$2) 11:30 Gentle Yoga (\$10) 1:00 Mahjong	6 9:30 SDCY 12:00 Tai Chi (\$5) 12:30 Mahjong 2:00 WVB 3:00 Table Tennis 6:00 Poker 6:30 Hearts	7 8:30 WA 8:30 BOCCE 10:00 Sociable Stitches 10:00 WA – Instructor \$5 11:30 Dining Divas 6:30 Texas Hold'em	8
9	10 8:30 WA 8:30 BOCCE 10:00 WA 10:00 SBS - (\$2) 12:00 Intermediate Tai Chi (\$5) 1:00 500 Bid 1:30 Art League Mtg 6:30 BINGO	11 9:30 SDCY 10:00 WA 10:00 Men's Coffee 11:15 Book Club 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	12 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:00 SBS - (\$2) 11:30 Gentle Yoga (\$10) 1:00 Mahjong	13 9:30 SDCY 10:00 ARB 12:00 Tai Chi (\$5) 12:30 Mahjong 2:00 WVB 3:00 Table Tennis 6:00 Poker 6:30 Hearts	14 8:30 WA 8:30 BOCCE 10:00 Sociable Stitches 10:00 WA - Instructor \$5 2:00 Board Meeting	15 9:00 Info Saturday Group
16	17 8:30 WA 8:30 BOCCE 10:00 WA 10:00 SBS - (\$2) 12:00 Intermediate Tai Chi (\$5) 1:00 500 Bid 6:30 BUNCO 7:00 Game Night	18 9:30 SDCY 10:00 Men's Coffee 10:00 WA 11:00 Security Committee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre	19 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:00 SBS - (\$2) 11:30 Gentle Yoga (\$10) 1:00 Mahjong	20 9:30 SDCY 12:00 Tai Chi (\$5) 12:30 Mahjong 2:00 WVB 3:00 Table Tennis 4:00 Travel Club 6:00 Poker 6:30 Hearts	21 8:30 WA 8:30 BOCCE 10:00 Sociable Stitches 10:00 WA - Instructor \$5 10:30 CRC 1:00 "Art Together" 6:30 Texas Hold'em	22
23	24 8:30 WA 8:30 BOCCE 10:00 WA 10:00 SBS - (\$2) 12:00 Intermediate Tai Chi (\$5) 1:00 500 Bid 3:00 Table Tennis	25 9:30 SDCY 9:30 Women's Breakfast 10:00 WA 10:00 Men's Coffee 1:00 Bridge 1:00 Mexican Train 2:00 WVB 6:30 Euchre 7:00 Wine/Fiction	26 8:30 WA 8:30 BOCCE 9:00 Ladies Chat 10:00 WA 10:00 Women's Bible Study 10:00 SBS - (\$2) 11:30 Gentle Yoga (\$10) 11:00 Pool Committee 1:00 Mahjong	27 9:30 SDCY 12:00 Tai Chi (\$5) 12:30 Mahjong 1:00 Roof Task Force 2:00 WVB 3:00 Table Tennis 6:00 Poker 6:30 Hearts	29 8:30 WA 8:30 BOCCE 10:00 Sociable Stitches 10:00 WA - Instructor \$5	29
30						



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Sarasota Funseekers



Oh the places they will go!

Be sure to check out the notebook and map by the Clubhouse Bulletin Board to see the places the bears have gone. So far our residents have taken them to Nashville, Michigan, Germany and even in our pool for a game of water volleyball among other places. One of the bears is going off to Egypt and maybe even Finland!

Everyone is welcome to take a bear along with them and share their travel experiences with fellow residents. The sign out sheet for the bears is located in Oded's office.

**For more information on this project
contact Carol Brantley at:**
caroljeanbrantley@hotmail.com

Senior is looking to purchase precious metals, coins, antique and estate jewelry, diamonds, time pieces, antique firearms, and some collectors plates.

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