

Red = Grand Salon
 Green = Activities Room
 Blue = Multi Purpose Room
 WA - Water Aerobics
 WVB - Water Volleyball

LAKERIDGE FALLS COMMUNITY
Weekly Reminders
 August 1st - August 5th

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
8:00 WA 10:00 WA 1:00 500 Bid 3:00 Table Tennis	9:30 Self-Directed Chair Yoga 10:00 Men's Coffee 10:00 WA 1:00 Bridge 2:00 WVB	8:00 WA 9:00 Ladies Chat 10:00 WA 1:00 Mahjong	9:30 Self-Directed Chair Yoga 12:30 Mahjong 2:00 WVB 3:00 Table Tennis 6:00 Poker 6:30 Hearts	8:00 WA 10:00 WA -Instructor \$5 10:00 Sociable Stitchers 11:30 Dining Divas 6:30 Texas Holdem

SATURDAY INFO GROUP

Saturday, August 20th

Come join us for another Saturday Info Group starting at 8:30am with bagels, cream cheese and coffee. The presentation will begin at 9:00am.

Our guest speaker Heather Cartright will discuss her Placement and Resource Service which is dedicated to helping you find the perfect Assisted/Independent Living or a Memory Care community. Her team of expert advisors have over 100 years of combined experience helping seniors. Her FREE service will save you time, heart-ache and make a challenging endeavor so much easier!

Sign up now in the Clubhouse.

POKER PLAYERS NEEDED

All are welcome!

Thursdays at 6:00pm

Contact: Milton Cohen at 941-358-5313



The Social Committee will be providing chips & pretzels.

August 26th

5:00pm - 7:00pm

(Setup at 4:00)

Appetizer/Dessert - BYOB

50/50 drawing

Signup in Clubhouse



Yummy House

1737 S Tamiami Trail, Sarasota

Friday, August 5th at 11:30am

Signup in Clubhouse



8315 Lockwood Ridge Road

Women's Breakfast

Tuesday, August 23rd

9:30am at the Honey Tree Cafe

Sign up on Clubhouse Bulletin Board

Self-Directed Chair Yoga

Tuesday & Thursday at 9:30am