



For your safety and enjoyment, please observe these rules:

- Fitness Center hours are 7:00am to 11:00pm;
- Guests under 18 are not permitted at the Fitness Center;
- Proper closed-toe footwear is required;
- Use equipment at your own risk;
- Make sure to familiarize yourself with the equipment before use;
- Workouts on cardio machines are limited to 30 minutes;
- Be considerate of others;
- No food or drinks besides water in a spill-proof container;
- Return and wipe down all equipment after use;
- Failure to follow the above shall result in enforcement.