

Buildings Committee Fitness Equipment Lease Recommendation to the LRF Board of Directors

- 4 treadmills
- 1 elliptical
- 1 recumbent elliptical
- 2 recumbent bikes
- 1 chest press
- 1 lateral pull
- 1 leg extension/curl
- 1 leg press
- 1 abdominal
- 1 functional trainer
- 1 flat/incline bench
- 1 platform bench for stretching [18" high]
- 2 TRX bands
- 2 medicine balls with handles